



# WASHINGTON STATE NEWSLETTER

MAY 2006 LATE SPRING UPDATE

## SSWLHC EDUCATION CALENDAR OF EVENTS

- June 2, 2006  
SSWLHC WA Chapter  
Margarita Suarez, MA, RN  
*"Communicating Effectively with Diverse Patients and Co-workers"*  
Highline Medical Center, Burien WA
- June 2-4, 2006  
NASW WA Chapter  
*"Being an Approved Supervisor: What do you Need to Know"*  
Embassy Suites Hotel, Lynnwood WA
- LOOK FOR THE FOLLOWING SSWLHC SPONSORED CONFERENCES
- August 2006  
*"Health Care Reform"*
- September 2006  
*"Challenging Discharges: New Services, Technologies, Tools & Tips"*

## INSIDE THIS ISSUE

CARRIGAN WINS NASW AWARD	1
UEHARA, NEW DEAN, UW SSW	2
SSWLHC JUNE CONFERENCE	3
DRUG DISCOUNT CARD	4
DOP DECLASSIFICATION	4
LEADERSHIP PROFILE	6
LEGISLATIVE RECAP	8
SUPERVISION REGS	12
CLASSIFIEDS	16

## LYNN CARRIGAN NAMED NASW SOCIAL WORK EDUCATOR OF THE YEAR

Lynn Carrigan, LICSW, was honored at the April 06 NASW WA Annual Conference by being named Social Work Educator of the Year for her tireless work as advocate for NASW and the Society. She shares the honor with Lu Brown, a lecturer and Assistant Director of Field Placements at Eastern Washington University in Cheney, WA.



Lynn Carrigan is Practicum Coordinator at the UW SSW and has chaired the SSWLHC Social Health Policy Committee for several years.

**Advocacy Activities:** This past year, Lynn, Lu and the NASW Legislative Action Committee led NASW in helping to successfully pass the anti-discrimination bill in Olympia after years of effort. Lynn and Lu were also responsible for overseeing one of the largest lobby days ever for NASW with approximately 170 attendees present this year. Lynn also leads the Society Chapter's role in public policy support, keeps our membership up to date on legislative issues, avidly follows and writes about those issues of interest to the membership.

**Medical and Mental Health Social Work, the Backdrop:** Lynn's professional background includes a career in medical social work at Harborview Medical Center as a Mental Health Practitioner in the Mental Health Unit and then as a Medical Social Worker in the Burn Unit. Lynn moved on to Group Health Cooperative of Puget Sound where she transitioned into management. Since 2000, Lynn has served as a lecturer and Practicum Coordinator at the UW SSW.

**Teaching Responsibilities:** Lynn has taught courses in organizational practice, social justice, and health practice classes. She currently teaches multigenerational and multicultural approaches to healing grief and loss in addition to practicum courses. Lynn is also an adjunct professor in the UW School of Medicine, Department of Ethics, where she teaches a course in Spirituality in Medicine.

Lynn also writes, publishes poetry, and plays the guitar in a Vashon Island band, 'Innisfree' which plays traditional Irish, Scottish, Welsh, British, and French-Canadian jigs, waltzes and reels.

## EDWINA UEHARA IS NEW DEAN AT UW SSW



Edwina Uehara, Associate Professor at the University of Washington School of Social Work was named Dean of the School of Social Work effective April 1, 2006. She replaces Dorothy Van Soest, who resigned last year but remains

on the school's faculty

**Advancing the Profession:** In comments outlined in the UW announcement of March 2006 "Campaign UW, Creating Futures", Uehara remarked "I am thrilled at the prospect of advancing our school's social justice mission through even higher levels of excellence in scholarship, teaching, and strategic partnerships with diverse communities and key public and community agencies. In the coming years we will provide leadership in developing and testing policies and models of culturally competent, evidence-based services and will work with public agencies and community partners to extend those policies and services to the state's most vulnerable populations. We intend to achieve these goals by recruiting the best, brightest and most diverse students, faculty and staff. Our aim is the transformation of social work knowledge and practice and the advancement of the profession."

**Healthcare Interests:** Uehara's healthcare interests include the financing and organization of health services, particularly as they effect economically disadvantaged ethnic minority populations. Research interests include

*Continued on Pg. 10, Column 2*

### SSWLHC PRESENTS:

## "Communicating Effectively with Diverse Patients & Co-Workers"

Presented by

*Margarita Suarez, MA, RN,*

Friday, June 2, 2006

8:30 – Noon

Hosted by

Highline Medical Center  
Sommers Auditorium

16253 Sylvester Rd. SW  
Burien, WA

3.0 CEUs

\$25.00 SSWLHC Members

\$30.00 Non-Members

\$15.00 Students

Sponsored by

SSWLHC WA Chapter

To Register: Contact

Erica Taylor, Treasurer  
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Seattle, WA

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## COMMUNICATING EFFECTIVELY WITH DIVERSE PATIENTS & CO-WORKERS



Margarita Suarez, MA, RN, will present "Finding Common Ground: Communicating Effectively with Diverse Patients & Co-Workers on Friday, June 2, from 8:30 to Noon at the Highline Medical Center Sommers Auditorium in Burien WA.

Currently the Executive Director of AVANTA, the Virginia Satir Network, Margarita Suarez is a consultant, lecturer and trainer whose professional emphasis is diversity, grief therapy, self growth and self care. She draws from a life rich in contrast. As one of 14 children of a prominent educator in Cuba, Ms. Suarez experienced the terror of political oppression and later the challenges of poverty as a refugee in the United States. She served as a US Army nurse in Vietnam, worked as a pediatric nurse practitioner, taught at the University of Washington School of Nursing and Issaquah High School. Ms. Suarez' wit and wisdom have brought her local and national prominence as a keynote speaker, mentor, colleague and advocate for health and social services.

**Education:** Ms Suarez received her MA in Psychosocial Nursing from the University of WA in 1975. In 1973, she earned her Pediatric Nurse Practitioner degree from the University of Colorado in Denver. She has had post-graduate training in family therapy with Virginia Satir and Medical Interpreter Training by the Cross Cultural Health care Program, in Seattle in 2003.

**Professional Experience:** Ms. Suarez earned her BSN from the University of Maryland at Baltimore in 1969 and began her professional career as a nurse for the US Army. She completed a tour of duty in Vietnam from 1969 to 1970. Following her Vietnam tour of duty, Ms. Suarez was an instructor and staff nurse for Madigan Medical Center in Tacoma WA.

**Instructor:** From 1975 to 1978, Ms. Suarez was an Instructor and Coordinator for the UW Pediatric Nurse Practitioner Program and also held a position as School Nurse and Counselor at Issaquah High School, in Issaquah WA. From 1980 to the present time, Ms. Suarez had worked as a lecturer, trainer, and consultant on psychosocial topics including dealing with differences, cultural diversity and competency, family issues, grief processes, changes in the workplace, pluralism and self-care. In 1993 she became Executive Director of AVANTA.

**Publications:** Ms. Suarez has published extensively on children and grief. Working with the Northwest Center for Personal and Family Counseling, she produced a video series dealing with many aspects of grief.

**Workshops:** Ms. Suarez presents workshops on diversity, self-care, communication/teamwork, grief and trauma. Organizations that have used her skills include: (selected) Washington State Coalition for Homeless, Medical Students for Choice, Washington Health Foundation, UW Wound Management Education Program, UW School of Nursing, United Way of King Co., labor organizations, public schools, nursing and other public health groups.

## WA STATE ANNOUNCES NEW DRUG DISCOUNT CARD AVAILABLE TO ALL

**Drug Discount Card Available for Everyone:** On March 8<sup>th</sup>, 2006, the State of Washington announced the creation of a new drug discount card available to any state resident. The card will reduce costs between 15 and 25 percent for prescription drugs not covered by insurance. Many insurance or discount programs, including the new Medicare drug program, do not cover every single prescription.

**\$10.00 Membership Fee:** The RX Washington Card provides discounts at most mail order and retail pharmacies across the state. The annual membership fee is \$10.00 per person. **The discount card program is the initial phase of a new drug purchasing consortium for the state that will eventually permit, local governments, businesses and labor organizations to join with state health care programs to purchase drugs more cost effectively.**

Those interested in an application for the program should call 1-800-227-5255, or go online at <http://www.rx.wa.gov/>.

**Primary Goals:** The Prescription Drug Program is a joint effort by three Washington State agencies: the Health Care Authority (HCA), the Department of Social & Health Services (DSHS) and the Department of Labor & Industries (L & IO). The program is administered by the HCA. **The primary goals of the program are to develop an evidence-based prescription drug program to identify preferred drugs; make prescription drugs more affordable to Washington residents and state health care programs; and, increase public awareness regarding the safe and cost-effective use of prescription drugs. More information about the program is available at their Web site at [www.rx.wa.gov](http://www.rx.wa.gov).**

## UPDATE ON STATE DOP SOCIAL WORK CLASSI- FICATIONS

**SSWLHC & NASW Position:** Support a social work classification for state workers that requires employees in this class to hold professional degrees in social work.

SSWLHC, NASW, and a Steering Committee composed of members from each organization and degreed state social workers from Western State, Department of Corrections, and DSHS, have been working to oppose the elimination of the social worker category for state workers. We support the establishment of a tiered Social Worker classification which would be used only by those with social work degrees (BASW, new MSW grad, LICSW, and SW Supervisor). A position paper and model classification is posted on NASW's website for your reference ([www.nasw-wa.org](http://www.nasw-wa.org)).

**History:** The State Department of Personnel (DOP) is moving to condense and reclassify state job classes, pursuant to public sector collective bargaining legislation passed in 2002. The DOP will be addressing the social work classification (among many others) during 2006 - 07. With the exception of school social workers, all social work positions, held by both degreed and non-degreed social workers, are being merged into either Mental Health Counselor or Social Service Case Manager positions, effective January 2007.

**Update:** In 2005, NASW hired community organizer Roseanne Martinez to lead efforts statewide to educate affected constituents, build alliances, and work with state officials to communicate our concerns and proposals. Roseanne has met with and contacted numerous legislators over the past year, including Rep. Eric Pettigrew, Rep. Jeannie Darneille, Rep. Ed Murray, Senator Debbie Regala, Rep. Mary Lou Dickerson, Rep. Dennis Flannigan, Senator Pat Thibaudeau, and Rep. Ruth Kagi.

Rep. Kagi has provided us substantial assistance in our efforts

## SOCIAL WORK CLASSIFICATIONS, CONT. FROM PG. 4

to get this reclassification conducted to our specifications, and she also would like to see special categorization and compensation for front-line CPS workers. In June '05, Rep. Kagi hosted a meeting with Eva Santos, Director of Personnel, Ken Harden from DSHS personnel and the Governor's Deputy Labor Relations Director, Steve McLain. Nick Federici, NASW lobbyist, was at that meeting and reported that Ms. Santos had been receiving many calls on the classification issue and is appreciative of our efforts to clarify our position.

2006 Legislative Session: During the 2006 legislative session NASW leaders had a successful joint meeting with new DSHS Secretary Robin Arnold-Williams and key staff from the Department of Personnel to discuss the importance of social work classification. A meeting has been scheduled with Department of Corrections Secretary Harold Clarke. Secretary Arnold-Williams, DSHS and Secretary Harold Clarke, DOC, have also received a copy of our position paper.

Since Ms. Martinez is at the end of her contract, the Declassification Steering Committee will assume primary responsibility for continuation of the campaign for an equitable social work classification. The next steps will be to rally degreed social workers to campaign for a social work classification just for those educated in social work and bound by a Code of Ethics and licensure regulations that protect the public.

### ACTION STEPS:

Download the Model Classification and Position Paper available on NASW website ([www.nasw-wa.org](http://www.nasw-wa.org)). Read it and pass it on to others who are interested. Official endorsements are welcomed and can be posted on the NASW Website by contacting Executive Director Hoyt Suppes ([hoyt@nasw-wa.org](mailto:hoyt@nasw-wa.org).)

Spread the word our message is simple: We want a Social Work job classification and we want those with that title to hold BASW and MSW degrees. Call your legislator, share our position paper, ask them to send a letter to the Department of Personnel supporting this position. If you are a state employee, rally your workforce and share the information.

Write a letter to your legislator. Sample letters are available on the NASW website.

Write a letter to your union leaders.

Partner with state employees and labor unions.

Contact more legislators: Contact legislative leaders on the issue and meet with the DOP in the hearing that will set the classifications.

Let members of the Classification Steering Committee know your thoughts and concerns.

For further information contact Roseann Martinez, MSW, 253-272-0817 or [rmartinezmsw@hotmail.com](mailto:rmartinezmsw@hotmail.com)

### Social Work Classification Steering Committee

Lynn Carrigan, University of Washington School of Social Work, NASW Co-Chair Legislative Action Committee ([lrc@u.washington.edu](mailto:lrc@u.washington.edu))

Nick Federici, NASW Lobbyist: [nickf@earthlink.net](mailto:nickf@earthlink.net)

Brigitte Folz, Harborview Social Work Department: [ebgf@u.washington.edu](mailto:ebgf@u.washington.edu)

Brian Giddens, NASW President, WA State Chapter, Associate Director, Social Work Department, University of Washington Medical Center, [bgiddens@u.washington.edu](mailto:bgiddens@u.washington.edu)

Catherine Kendall

Cris Kessler

Greg Miller, Monroe Correctional Facility

Tom Moore, DSHS

Hoyt Suppes, Executive Director NASW ([hoyt@nasw-wa.org](mailto:hoyt@nasw-wa.org)).

Dale Wright, Washington State Hospital

## IN FOCUS: LEADERSHIP PROFILE

**YA-WEI ALICE CHANG**

**Y**a-Wei Alice Chang, a 1988 graduate of the University of Washington School of Social Work is employed as a social worker on the UWMC Transplant Service and is a new appointee to the SSWLHC Board, WA Chapter, as a member at large.

**Educational Background:** Alice began her healthcare education as a student in Taipei, Taiwan where she earned her bachelors degree in Horticulture at Chung-Tsing University. Upon graduation, she followed her family to Seattle and entered the Masters in Nutrition program at the UW. Alice states that nutrition was the closest match-up that she could find that would build on the education that she had received in Taiwan. Alice received a Master of Science in Nutrition degree from the UW in 1979 and while working on that degree, supported herself as a research cook in the Fred Hutchinson Cancer Research Center where she prepared food for patients with Leukemia who needed bone marrow transplantation; recorded food intake and performed computer analysis for the treatment team.

**First Social Service Work:** While working as a nutritionist, Alice landed a job at Community House through a grant focused on evaluating their meal program. When the grant ran out, Alice remained in their program as a case manager and clinical coordinator. There Alice provided initial assessments and assigned cases to other staff in this outpatient mental health clinic servicing mentally ill clients. Alice's six years at Community House, led her to seek a masters degree in social work at the UW.

**UW SSW:** Alice entered the UW SSW in 1986. Her first practicum experience was in the early organization of Kin-On, the Seattle area's first Chinese Nursing Home, where she worked on policies and procedure. Direct clinical services were not an option at this time, as the facility had not begun to accept patients.

In order to support herself, she changed jobs and went to work as the House Manager for Jewish Family Services in Seat-

## Ya-Wei Alice Chang

tle. In this capacity, she worked with the Board of Directors to start a group home for the mentally ill in the Jewish community that would follow their cultural traditions. As House Manager, Alice was responsible for the budget and staffing as well as supervision of all staff.

**UWMC Social Worker:** In May of 1988, Alice completed her second year internship at Children's Hospital and Medical Center and worked there for another two months before going to work at UWMC. From 1988 – 1995, Alice was assigned to the UWMC Psychiatry Service, where she worked with a multidisciplinary team providing care to patients and families receiving inpatient and partial hospitalization services. In this position, she evaluated and provided treatment and coordinated care with agencies in the community.

**UWMC Transplant Service:** Following a brief stay in Walnut Creek CA., the family returned to Seattle in the Summer of 1996. Alice was rehired by the UWMC Department of Social Work to provide social work services to organ transplant patients. The work includes pre-transplant psychosocial evaluation, case management services throughout the transplantation process, as well as helping post-transplant patients manage issues related to insurance coverage, mental health/substance abuse, disability, and return to work issues. She also follows heart failure and cystic fibrosis clinic patients as needed. In June, Alice will move into the social work role of the UW Regional Heart Center. She will continue with the heart transplant service and will look at providing consistent and more integrated social work service for cardiology services.

**Medical Ethics Certificate:** In 2001, Alice completed a two year certificate program for Medical Ethics at the UW and now serves as a member of the UWMC Ethics Consultation Service and the Medical Ethics Advisory Committee. Alice has been a member of the Society of Transplant Social Worker for several years.

**Personal History:** Alice was born and raised in Taipei, Taiwan coming to the US in her early twenties. Her parents and two sisters also live in Seattle, another sister lives in Houston. She also has a large extended family living in China. She returns to Taipei about every ten years. Alice has two boys, one graduated from the UW last year and other begins study at the UW in the fall. She loves cooking and hanging out with friends and family.

Alice has become a long-distance runner. Beginning in 1999, Alice joined the Team Transplant, a group started that year at UWMC to promote fitness after organ transplantation, and raises awareness for organ donations. She now runs one to two half marathons a year, and just finished the Vancouver Half Marathon on Sunday May 7. "Running on a regular basis has helped me to manage my stress, keep me physically fit and mentally strong. It feels great!"

## LEGISLATIVE UPDATE: WINNERS AND POSITIONS ON HOLD SSWLHC POSITIONS AND THEIR OUTCOMES

### LEGISLATIVE FOLLOW-UP

Nick Federici, NASW Lobbyist, provided information on April 3, 2006, to the NASW Legislative Action Committee regarding the status of issues and bills of interest to NASW. Below are updates regarding health-related issues.

#### I. Expanded Access to Health Care Services

**SSWLHC & NASW Position:** To support expanded access to health care for low-income individuals, particularly children's health, Medicaid, and Basic Health Plan coverage.

**History:** In the budgets passed by the Legislature in 2002 and 2003, more than 32,000 slots were cut from the state's Basic Health Plan, over 40,000 children saw their eligibility cut from Medicaid, and additional low-income children were anticipated to lose benefits due to premiums being charged to their families.

In her first act as the new Governor, Christine Gregoire administratively rescinded the premiums on low-income children covered by Medicaid and streamlined the eligibility process, and the Legislature provided funding for restoration of a portion of the immigrant children who lost Medicaid coverage. However, the supplemental operating budget proposed by Governor Gregoire in December 2005 did not propose any expansions to access to health care services.

**Status:** There were several successful legislative efforts to further restore or expand coverage, in which NASW was a very active participant.

**Basic Health Plan:** The budget passed by the Legislature and signed by the Governor (SB 6386) included \$15.6 million for an additional 6500 slots to the BHP, expanding coverage to a total of 106,500 persons;

**Children's Health:** The budget passed by the Legislature and signed by the Governor (SB 6386) included \$10.9 million for coverage of 12,890 children per month beginning in July 2006, increasing to 14,000 per month in October 2006;

**Prescription Drugs:** The budget passed by the Legislature and signed by the Governor (SB 6386) included \$18.2 million for covering the Medicare Part D medication co pays for "dual eligible" low-income clients covered by both Medicare and Medicaid;

**Medicaid Premiums:** House Bill 2376, rescinding statutory authority for the state to charge premiums on children covered by Medicaid, passed the House by a vote of 74-34, and the Senate by a vote of 34-11, and was signed by the Governor, thus enacting into statute the policy established by Governor Gregoire by executive order in 2005 and funded in the 2005-07 biennial budget;

**"Fair Share" health care coverage (SB 6356 / HB 2517):** Would have required employers with more than 5000 employees in Washington to provide health insurance coverage to all of their employees on a pro-rated basis, or else be charged by the state for the cost of providing such insurance through public programs. Died 2/14 in both the Senate and House Rules Committees, but the Governor announced 2/16 that she was committed to working with stakeholders to pass a "perfected" bill in 2007.

**Small Business Health Insurance Partnership (HB 2572):** Passed House 57-41, substantially revised by the Senate, but ultimately the House version passed the Senate by a vote of 25-23, and the bill has been signed by the Governor. In addition, \$625,000 was included in the budget (SB 6386) for the Health Care Authority to use to establish the program and prepare for funding of enrollment in 2007. The program, once enrollment begins, will involve a 40% premium subsidy for

## LEGISLATIVE UPDATE: WINNERS AND POSITIONS ON HOLD, CONTINUED

employees of those small employers who are also willing to pay 40% of premium for their employees who are 200% of FPL or below. This will leave 20% of the cost to employees for a plan actuarially equivalent to the BHP.

### II. Budget

**SSWLHC & NASW Position:** Support adequate funding to restore cuts to health and human services programs, including appropriating a fair share of the \$1.5 billion state budget surplus to this budget category.

**History:** 37% of the cuts made during the 2002-04 budget cycles were to health and human services programs, causing crises of access to a wide array of services. In addition, in 2005 the Legislature and DSHS made changes to the fashion in which Medicaid mental health services were distributed, causing a drop in funding from anticipated and needed levels in several counties, including King, Pierce, and Spokane. This resulted in an actual or anticipated reduction of services for low-income persons in need of mental health services in these counties.

**Status:** Health care: As noted above, funding for a number of major health care programs was provided in the 2006 supplemental operating budget (SB 6386).

**Mental Health:** In order to ameliorate the lowering of expected funding in several counties, and to invest in new methods of distributing funding and services, the Legislature appropriated and the Governor signed significant new resources:

- \$2.5 million to Pierce and Spokane Counties to settle lawsuits against the state over the billing of those counties for beds at Western State Hospital;

- \$450,000 for "evidence-based" children's mental health pilot projects at UW School of Medicine;
- \$11.2 million (\$22.1 million with federal match) to increase RSN funding by 3.5% for RSNs over the state average in per-capita costs, and to bring all RSNs under the state average up to the average;
- \$30.8 million and 182 new FTEs to open five new temporary wards at Western State Hospital (and the open discussion of an additional \$31 million needed in the 07-09 biennium), and efforts to prevent and eventually reduce WSH placements through improved use of program for active community treatment (PACT) teams and other enhanced community resources. PACT development and initial implementation received an additional \$2.3 million

### III. Protection of Consumer Access and Freedom of Choice in Mental Health Providers

**SSWLHC & NASW Position:** Support retention of "every category of licensed health care provider" provision in state insurance law.

**History:** Since 1995, all health insurance plans must cover the services of "every category of licensed health care provider" for those services that are covered by the insurance plan. For example, if the plan covers mental health services, it must cover services by all categories of licensed mental health professionals within the scope of their licensed practice. It does not require contracting with every provider who desires to contract with the health plan, just every category (which can mean, in practice, just a single practitioner).

*Continued Pg. 10, Col. 1*

**LEGISLATIVE UPDATE: WINNERS AND POSITIONS ON HOLD, CONT.**

*Continued from Pg 9, Column 2*

Insurance companies, Association of Washington Business, and National Federation of Independent Business continue to lobby heavily to remove this provision from state law, as well as other insurance mandates including the mandatory offering of mental health coverage, as part of their efforts to lower the cost of health insurance for employers.

However, a coalition of health care professionals (including NASW) has been successful in thwarting these efforts each year since 1995, and documenting that provider choice and access (such as covering mental health services by licensed social workers rather than only psychiatrists) actually results in lower costs.

Status: House Bill 3310, when introduced, required studies of mandated health care benefits, as well as efficacies of various forms of treatment mandated by Washington statutes. However, the bill was eventually amended to be much more sweeping and negative in its inquiry, and the bill subsequently died.

#### IV.. Medicaid Coverage of Master's-Level Mental Health Professionals

SSWLHC & NASW Position: Support House Bill 2113, House Bill 2803, and Senate Bill 5919

History: Both HB 2113 and SB 5919 were introduced into the respective health care committees in 2005, but neither received a public hearing.

Status: In 2006, HB 2803 was introduced, to ex-

pand the type and number of mental health professionals from which Medicaid clients can receive services. There was a public hearing in the House Health Care Committee, but further action was not taken on the bill, in favor of a request for a \$1 million pilot project proposed by DSHS to allow master's-level mental health professionals to treat clients of the General Assistance program (which does not currently include mental health benefits). However, the funding for the pilot project was not included in the final budget that passed the Legislature.

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#### UEHARA NAMED DEAN, UW SSW,

CONT. FROM PG. 2, COLUMN 1

on immigrants who experienced violence in Southeast Asia

Professional Background: Uehara joined the university faculty as an assistant professor in 1990 and previously served as the acting dean of the school in 2001. Uehara earned her bachelor's degree from Eastern Washington University in 1973, a master's degree in social work from the University of Michigan in 1977, and her doctorate from the University of Chicago's School of Social Service Administration in 1987. She also completed an NIMH post-doctoral fellowship in mental health services research before joining the UW faculty.

Uehara was named winner of the UW SSW's Student Choice Teaching Award for Classroom Excellence in 1994. She was also a recipient of the UW's Distinguished Teaching Award in 1996 and a founding member of the UW's teaching academy.

the effects of violence both in urban environments and .

## SSWLHC WELCOMES NEW MEMBERS

The Society is pleased to welcome new members to the organization. Since January, new registrations include:

Stacy DeFries, Assessment Coordinator, Mat. Ch, Health, Seattle

Dina Elikan, Social Worker, Care Management Options, Inc., Seattle, WA

Julie Gray, Owner, NW Senior Services, Bellevue WA

Kathleen Whalon Haley Social Worker, Home Health and Hospice, Jefferson Healthcare, Port Townsend, WA

Michelle Hays, Social Worker, Quincy Valley Medical Center, Quincy, WA

Marcia Herivel, Social Worker, Center for Sexual Assault & Traumatic Stress, Seattle,

William Hickey, Social Worker, Case Management, Stevens Hospital, Shoreline, WA

Cassie Sauer, Director, Advocacy and PR, WA State Hospital Assn., Seattle WA

Sara Schott, Social Worker, Overlake Hospital Care Management, Bellevue, WA

Angela Wagner, Social Worker, Lung Transplant, UWMC, Seattle, WA

If your interests are congruent with our committee structure, please contact the chair: If you are interested in other endeavors, please contact:

Pam Haithcox, President, [Haithcox@u.washington.edu](mailto:Haithcox@u.washington.edu).

Education: Diedrich Meinken, [dmeinken@careforce.com](mailto:dmeinken@careforce.com)

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Newsletter: Jackie Durgin, [jackiedurginbeck@comcast.net](mailto:jackiedurginbeck@comcast.net)

Scholarship: Sandi Johnson,

[ssjohnson@evergreenhealthcare.org](mailto:ssjohnson@evergreenhealthcare.org)

Social Health Policy: Lynn Carrigan, [lrc@u.washington.edu](mailto:lrc@u.washington.edu)

## MEMBERSHIP PAGE

### SSWLHC MEMBERSHIP DUES ~ TIME TO RENEW

For \$20.00 per year, you will receive:

- Reduced fee seminars on current topics
- Accompanying CEUS,
- Online communication with social workers about current clinical practice/administrative questions through a Yahoo group.
- Bimonthly SSWLHC Newsletter.

#### MAIL YOUR MEMBERSHIP RENEWAL FEE TO:

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1660 SOUTH COLUMBIAN WAY  
SEATTLE, WA 98108

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Scholarship Chair: Sandi Johnson, MSW

Social Health Policy Chair: Lynn Carrigan, MSW

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## SUPERVISION RULES BEING FORMULATED: PUBLIC HEARING FOR NEW RULES: JUNE 8, 2006, DEPARTMENT OF HEALTH, TUMWATER, WA

### New Social Work Supervision Rules Proposed

The Department of Health (DOH) filed a statement of intent to develop new supervision rules for licensed social workers on March 15, 2006. Relevant statutory information on WAC 246-809-130, WAC 246-809-230, and WAC 246-809-321 was posted online on the Code Reviser's Website at <http://www1.leg.wa.gov/documents/wsr/2006/tbl06-246.htm> on April 5, 2006. The next Hearing will be Thursday, June 8th, at 10:00 am, Department of Health, Point Plaza East—Room 139, 310 Israel Road SE, Tumwater, WA.

These rules, along with WSR 06-07-092, regulate definitions and standards of Supervised Postgraduate Experience and Education Requirements for and Licensed Social Workers, as well as Licensed Marriage and Family Therapists and Licensed Mental Health Counselors. They require that individuals must obtain supervised postgraduate experience in order to become a licensed marriage and family therapists, licensed mental health counselors, and licensed social workers.

The new proposed rules specify in greater detail the type of supervision that licensure candidates must undergo.

Laura Groshong, M.S.W., has been working with the WA Clinical Social Work Society, the State DOH, State Representative Eileen Cody (D-34) of the House Health Committee, and the Master's Mental Health Workgroup to determine language for the new rules. Below is the newly proposed language. A tentative date for the Public Hearing on the new rules is 6/27/06, location to be announced. Feedback can also be given to Holly Rawnsley and Bob Nicoloff at the State Department of Health.

### NEW SECTION

WAC 246-809-310 Definitions. The following definitions apply to the licensure of independent clinical and advanced social workers.

(1) "Approved educational program" means a master's or doctoral educational program in social work accredited by the Council on Social Work Education.

(2) "Approved supervisor" means a licensed independent clinical social worker (LICSW), licensed advanced social worker (LASW) (for LASWs only), or an equally qualified licensed mental health practitioner.

(3) "Equally qualified licensed mental health practitioner" means a licensed mental health counselor, licensed marriage and family therapist, licensed psychologist, licensed physician practicing as a psychiatrist, or licensed psychiatric nurse practitioner.

(4) "Licensure candidate" means an individual that is accruing supervised clinical experience required for licensure.

(5) "Nationally recognized standards" means the Educational Policy and Accreditation Standards, revised October 2004 published by the Council on Social Work Education revised October 2004 or any future revisions.

(6) "Supervision of supervision" means supervision by an approved supervisor for the purpose of training and qualifying a licensee to become an approved supervisor for purposes of chapter 18.225 RCW and WAC 246-809-334.

WAC 246-809-320 Education requirements and supervised postgraduate experience.

(1) The following are the education requirements for the social worker applicant's practice area:

(a) LICENSED ADVANCED SOCIAL WORKER.

(i) Graduation from a master's or doctoral social work educational program accredited by the council on social work education and approved by the secretary based upon nationally recognized standards.

(b) LICENSED INDEPENDENT CLINICAL SOCIAL WORKER.

(i) Graduation from a master's or doctorate level social work educational program accredited by the council on social work education and approved by the secretary based upon nationally recognized standards.

(2) The following are the supervised postgraduate experience requirements for the social worker applicant's practice area:

(a) LICENSED ADVANCED SOCIAL WORKER.

(i) Successful completion of a supervised experience requirement. The experience requirement consists of a minimum of three thousand two hundred hours with ninety hours of supervision by a licensed independent clinical social worker or a licensed advanced social worker who has been licensed or certified for at least two years. Of those hours, fifty hours must include direct supervision by a licensed advanced social worker or licensed independent clinical social worker; the other forty hours may be with an equally qualified licensed mental health practitioner. Forty hours must be in one-to-one supervision and fifty hours may be in one-to-one supervision or group supervision. Distance supervision is limited to forty supervision hours. Eight hundred hours must be in direct client contact.

(b) LICENSED INDEPENDENT CLINICAL SOCIAL WORKER.

(i) Successful completion of a supervised experience requirement. The experience requirement consists of a minimum of four thousand hours of experience, of which one thousand hours must be direct client contact, over a three-year period supervised by a licensed independent clinical social worker, with supervision of at least one hundred thirty hours by a licensed mental health practitioner. Of the total supervision, seventy hours must be with an independent clinical social worker; the other sixty hours may be with an equally qualified licensed mental health practitioner. Sixty hours must be in one-to-one supervision and seventy hours may be in one-to-one supervision or group supervision. Distance supervision is limited to sixty supervision hours.

#### NEW SECTION

WAC 246-809-334 Approved supervisor standards and responsibilities.

(1) The approved supervisor must hold a license without restrictions that has been in good standing for at least two years.

(2) The approved supervisor shall not be a blood or legal relative or cohabitant of the licensure candidate, licensure candidate's peer, or someone who has acted as the licensure candidate's therapist within the past two years.

(3) The approved supervisor, prior to the commencement of any supervision, must provide the licensure candidate a declaration, on a form provided by the department, that the supervisor has met the requirements of WAC 246-809-334 and qualifies as an approved supervisor.

*Continued on Pg. 14, Column 1*

## SUPERVISION RULES UPDATE

*Continued from Pg. 13, Col. 2*

4) The approved supervisor shall have completed the following:

(a) A minimum of fifteen clock hours of training in clinical supervision obtained through:

- (i) A supervision course; or
- (ii) Continuing education credits on supervision; or
- (iii) Supervision of supervision; and

(b) Twenty-five hours of experience in supervision of clinical practice; or

(c) Has had two years of clinical experience post licensure (LASWs only) or five years of clinical experience post certification or licensure (for LICSWs only).

(5) The approved supervisor shall attest to having thorough knowledge of the licensure candidate's practice activities including:

- (a) Specific practice settings;
- (b) Record keeping;
- (c) Financial Management;
- (d) Ethics of clinical practice; and

(e) The licensure candidate's backup plan for coverage in times when he/she is not available to their clients.

(6) Licensure candidates whose supervised post-graduate experience began prior to the effective date of these rules, are exempt from the requirements of (4) of this section.

### NASW WORKSHOP

#### *"Being An Approved Supervisor"*

"June 2–4, 2006

Friday, June 2, 11–5

Saturday, June 3, 9–5

Sunday, June 4, 9–1

15 CEUs, including 6 Ethics Units

Embassy Suites Hotel, Lynnwood, WA

\$290 NASW & WSCCSW prior to May 15, 2006

\$340 for NASW & WSCCSW prior to June 1, 2006

\$390 for non NASW & WSCCSW members

Register at : [www.nasw-wa.org](http://www.nasw-wa.org)

## "Being an Approved Supervisor"

As of January 1, 2007, all supervisors who wish to become an Approved Supervisor for LICSW and LASW licensure candidates will be required to have 15 hours of coursework in supervision. Everything You Want to Know, co-sponsored by NASW and WSSCSW and WSSCSW, will meet this requirement. Please sign up today because enrollment is limited to the first 100 attendees and there are limited spaces left. See below for a special registration price.

**FEES:** The registration fee for NASW and WSSCSW members is \$290. Non-member fee is \$365. The \$290 fee is being extended until May 15, 2006, if you register on line use this code 'SW 515' after your name to receive the extended \$290 member registration fee. The registration fee after May 15, 2006, and until June 1, 2006, is \$340 for NASW and WSSCSW members and \$390 for non-members. For anyone registering on June 2 at the workshop, the fee is \$415.

**Being an 'Approved Supervisor':** Being an approved supervisor starts with your own supervision experiences and dilemmas. Upon registration, you will receive a survey that will ask for detailed information on the kinds of supervision you have done, where you supervise, what works for you, and what doesn't work.

**Course Faculty:** Faculty for this course include: Bonnie Bhatti, Ph.D., LICSW; Bill Etnyre, Ph.D., LICSW; Laura Groshong, LICSW; Karen Hansen, LICSW; Kevin Host, LICSW; and Jan Sauer, LICSW. All faculty members have extensive experience as clinicians and/or supervisors.

This course will be held June 2-4, 2006, at Embassy Suites in Lynnwood WA. Attendance will be limited to the first 100 registrations received.

**LICSW, LASW, Required:** Registrants must be a Washington LICSW or LASW. The Course will provide 15 hours of Continuing Education Units, including 6 Ethics units. The time for this workshop is: June 2nd - 11am to 5pm, June 3rd - 9am to 5pm, and June 4th - 9am to 1pm.

Get the answers to your Approved Supervision questions:

1. What is the new Approved Supervisor Rule?
2. What are commonalities and differences between Approved Supervision in agencies and in private practice?
3. How does the Approved Supervisor in private practice understand the supervisee's agency experience?
4. What are the legal and ethical responsibilities of an Approved Supervisor?
5. How can an approved agency supervisor and approved private practice supervisor help the same supervisee?
6. What needs of the new professional does the Approved Supervisor need to understand?
7. How can the Approved Supervisor help Supervisees with issues of diversity?
8. How can the Approved Supervisor engage in and promote self-care?

**To register on line,** you can go to the workshops section on the NASW Washington State <<http://www.nasw-wa.org/home/Index.cfm#Workshops>> Chapter homepage



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